



THE EQUINE TOUCH

Your Horse Will Love You For It

The Equine Touch:

- Improves movement and athletic ability
- Balances the musculo-skeletal system
- Reduces muscle and joint pain
- Releases hypertonic and tight muscles
- Helps to reinstates normal joint, muscle and nerve function
- Aids recovery and reduces compensation following injury or surgery
- Induces deep relaxation



If you would like to learn how to do the Equine Touch yourself, there is a foundation course for horse owners. It is designed for everyone wanting to improve their horses both physically and emotionally. On the course you will learn the unique Equine Touch Move on both humans and horses. You will be able to address all the muscle groups of the body, learn to find the ones under stress and we will then teach you techniques to address those common areas of concern.

Course schedule:

<http://uk.theequinetouch.net/courses-2018/>

Equine Touch practitioners are based all around the UK
<http://uk.theequinetouch.net/training/practitioners/>

The Equine Touch™ is not a 'therapy' and is non-diagnostic. The Equine Touch™ is not designed or intended in any way in whole or in part to be a substitute for orthodox allopathic veterinary practice.

Babette Tegldal, PR Officer

