

## International Equine Touch Celebrations 2018

### To quote Susan Clark on 29 July

"Thank you, for sharing your gift and time of Equine Touch and posting pictures, to celebrate International Equine Touch day last week, you are all amazing. THANK YOU."

For those of you who don't 'do' face book, or even if you 'do' and missed any of the posts coming through Equine Touch Addicts, enjoy the following snippets celebrating what would have been Founder Jock Ruddock's 76th birthday.

[Ivana Ruddock-Lange](#)

[25 July at 05:51](#)

Happy ET day!....

Jock would be 76 years old today, and I know he would be celebrating his birthday with ET (that's for sure) and of course with a glass of JD and some good stories at the evening (that's 110% for sure).

If you would like to "hear" some of his stories, the way only he could tell them, please log into my website: <https://ivanaruddock-lange.com/store/> and get his e-book "The ET from Zero to Hero". It is for free TODAY only as a celebration gift! (Offer no longer available - but can be purchased).

I opened the book not a long time ago and I read it from start to finish..AGAIN.....it is very nice easy reading, a little warmer for a soul, we all need that from time to time.



[Jill Chant](#) I have had ET in my life for over 12yrs as my very good buddy Tracey Hudson is a practitioner & used my old lad for her case studies. Earlier this year I completed Level 1 Part 1 & will be doing Part 2 next weekend. Thank you so much for the gift of the ebook. I downloaded it this morning & will start reading on my lunch break shortly. This evening my pony will be receiving what I know so far (only branding & part of BBB) in memory of Jock. Xx

True to her word, later that evening Jill posted:

Big blonde butt shots in the evening sun 🌞🐾🌞  
Happy Birthday Jock. X



[Belinda Atkinson](#) Jock had some great stories to tell, I remember sitting around the table (at lunch time at ET course in Lilydale Tasmania, Australia) and Jock had everyone captivated in his stories & boy did we have some laughs. Happy ET day xx

[Daisy Chain](#) Thanks Ivana! I am eternally grateful I found ET, and use the energy pull down move every night on my 3 year old when he demands 'massage' before sleep. It works a treat on settling him, and also really helped him when he was a baby and fractious. Happy birthday to Jock, wherever he is, and a huge thank you to you both for developing it. xxx

[Beth Blenden Kyd](#) Am offering ET at a therapeutic riding center close by,,,,, Happy Birthday Jock!

[Gavin Park](#) Thank you Jock and Ivana for so many great memories and for showing me, and so many others, how easy it is to help people and animals to find that pain is not a necessary consequence of life. Thank you also Ivana for the generous offer of the "Zero to Hero" ebook.

[Moira Richardson](#) Did my session yesterday with a gorgeous chap by the name of Funky Fergal!

[Liz Coates](#) Thank you Ivana and of course Jock for giving us such wonderful memories and the legacy of a gift we all can share with horses, dogs and people the world over.

[Helen Taylor-Phelps](#)

Just reading from zero to hero and loving this picture and the caption. It's exactly right.



*The question is asked:  
"Who the hell are you,  
and what do you want?"*

Helen continues - [25 July at 13:55](#)

Happy Birthday Jock! Wish I could have met you.

Otto had ET today where I practiced some of the new AOC's learnt on the level 3 course I recently attended with [Lyn Palmer](#). Also did that move you taught me Lyn for cold spots in the inner thigh area. Hoping you can see the veins after doing the moves. Also photos of other veins that popped up after doing pectoralis, forelegs, advanced shoulder and girth and shoulder release point which really sent him in to the ET zone.



[Sue Falber](#)

[25 July at 12:30](#)

Happy International Equine Touch day - I will be giving this special lady in my life an extra special session of Equine Touch this evening in memory of our wonderful founder Jock Ruddock - like many my mare was the reason I studied Equine Touch and the reason that she is still alive and well today at 28 is down to the wonderful legacy that both Jock and Ivana Ruddock-Lange have given us !



[Laura Ward](#)

[25 July at 22:32](#)

Happy birthday Jock. This is my mare after her first ever equine touch session. Snoozy!



[Joanne Fieldhouse](#)

[25 July at 22:32](#)

Happy birthday Jock, and thank you from us all! X



Today is International Equine Touch Day, celebrating the birthday of Equine Touch's founder, Jock Ruddock.

Beau had his Equine Touch session yesterday instead of today. His owner had been told by fellow livers that he had been stiff and lame in the field. She concurred that he wasn't quite right and asked me to take a look.

Beau has recently moved from a yard on mostly sand to one on more clay based land, and with no shoes on seems to be feeling the difference. On closer inspection he seems to be short of hoof wall on the lateral quarters in front and thus appears to be walking on his sole instead. On being walked up on concrete he appeared rather footy and tight through his shoulders.

Following a relaxing Equine Touch session with extra moves placed around the shoulders and neck, and some nice foreleg stretches, he was moving a lot better when walked up again. He was still footy but his owner is going to speak with his Farrier about having shoes put back on. I did also suggest hoof boots as an alternative.

[Rachael Fothergill](#) to [Equine Touch Northumberland and Durham](#)  
25 July at 22:36



Today for International Equine Touch Day I visited my friend Raes pony to give the gift of Equine Touch. Abbs is a cheeky monkey and one of my case studies. She has been very reserved with her responses and processing so far. But today I think she has succumbed to being an addict. The picture of her yawning and processing were taken after her Butt Shots at the start of our session. Raes owner says she always moves much better after her sessions and is now rolling again which she hasn't done for a while now. She's being a naughty monkey too which Rae says is a sign that she's feeling good.

[Wendy Avery](#)

[26 July at 06:26](#)

Happy Birthday Jock and thank you for your amazing gift. Love from Spider and Henry XX  
Here is Henry's response 🍷👍



[Babette Tegldal](#)

[25 July at 21:59](#)

What a beautiful evening for an Equine Touch session - thanks Jock and Ivana! Happy International Equine Touch Day

[Ina Thomson](#)

[25 July at 21:37](#)

We love equine touch! thank you Jock..



[Sarah Schaffner](#)

[25 July at 21:27](#)

Eat, sleep, touch ... repeat!  
Happy Birthday Jock!

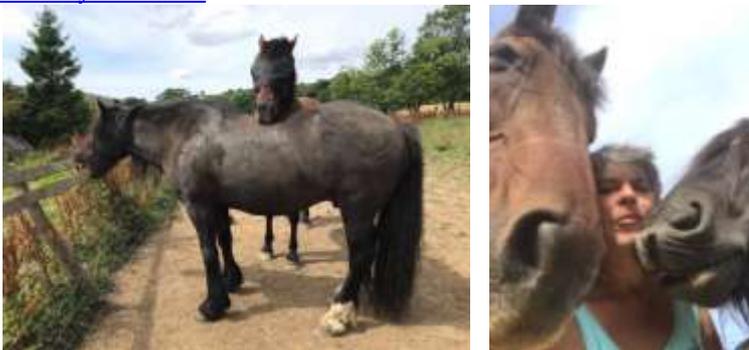


[Helen Choma](#)  
[25 July at 20:24](#)

Happy Birthday to Jock and Happy International Equine Touch day to all.  
Happy horses this evening.



[Pip Mead](#)  
[25 July at 16:43](#)



[Pip Mead](#) is feeling thankful.  
[25 July at 15:49](#)

As today is Jock Ruddock's Birthday - International Equine Touch Day, I have spent the afternoon giving my darling boys the gift of Equine Touch.

Bracken was my inspiration to start learning ET (9 years ago 🐾🐾) and he would not be the happy and healthy 28yr old that he is without it. Archie loves it too as shown by the fact that they had their sessions loose in the field.

Thank you Jock and [Ivana](#) for Equine Touch, Canine Touch and VHT. The world would be a poorer place without these wonderful modalities. The photos, post session, show Archie yawning and Bracken asleep with his head on Archie and a selfie of the 3 of us. 🥰🐾

[Lauren Malik](#) shared a post.

[25 July at 13:24](#)



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[Lauren Moss- Equine Touch student.](#)

[25 July at 13:18](#)

It is International Equine Touch Day!

A day to give thanks to Jock Ruddock and to Ivana Ruddock-Lange the founders of equine touch.

Also a thank you to Babette for helping me start this journey.

And a thank you to the horses, mine and others that have taught me so much over the years.

[Audrey Clark](#)

[24 July at 23:12](#)

Celebrating and thanks Jock.



Celebrating [#internationalequinetouchday](#) [Equine Touch Northumberland and Durham](#)

[Jackie Chapman](#) *to*

[24 July at 21:52](#)

Managed to do some ET today on some of my gang, they definitely enjoyed it!



[Heather Valkhard](#)  
[24 July at 22:17](#)

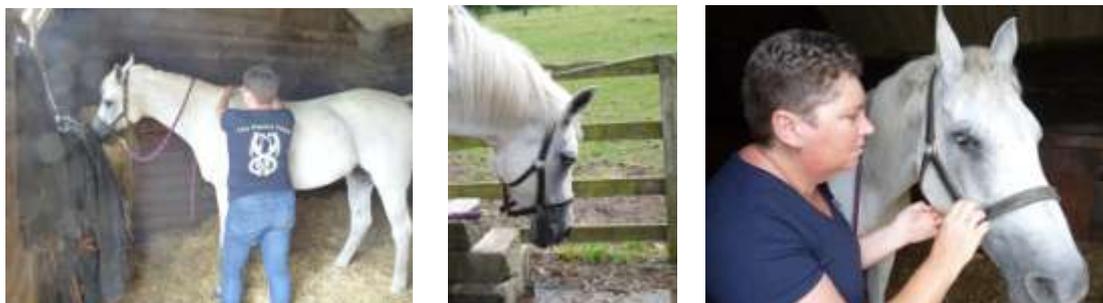
Celebrating [#equinetouch](#) [#jocksmemorialbirthday](#) [#internationalequinetouchday](#)



Today I gave Toby, my 23 year old ex racer the gift of Equine Touch. He is a proper addict and I am sure that this bodywork keeps him supple and flexible. He's also a great model for students to work and practice the moves on... and he loves all the attention! 😊☐

[Susan Clark](#)  
[24 July at 21:27](#)

Celebrating Equine Touch Day.



[+3](#)

To celebrate Jock's birthday, one of the founders of Equine Touch, this week is Equine Touch awareness week.

I have been helping Crystal with the gift of Equine Touch after her fall last week, when she Spooked and put some very large wholes in both knees. Equine Touch is a great way to help a horse recover from their injuries.

Crystal

Crystal is not an easy mare and it takes time for her to trust people, but today she was willing to stand and loved her ET session. Crystal made a mess of her knees, then totally went into the zone of relaxation.

[Heather Vaulkhard](#)  
22 July at 00:45

[#equinetouchawarenessweek](#) Equine Touch on D'arci a thoroughbred ex racer, who is being retrained by [Mandy Craig](#) and what a fantastic job she is doing too!

★☆☆☆☆ FROM 'ZERO TO HERO' ★☆☆☆☆

D'arci arrived for rehab at my yard with a racing injury of a fractured pelvis in 2016. Mandy took him on and look what she has achieved with him. It hasn't been an easy road but patience and love have won the race. Very proud of what you have achieved Mandy! Here are the before and after pictures.



[+8](#)

[Alison Ainsley](#) to [Equine Touch Northumberland and Durham](#)  
25 July at 22:36

A bit late...busy day. Haneef had a basic body balance this evening. Think I am getting better as his responses are great 🤗 ☐ To celebrate Jock



[+2](#)

[Amelia Widdows](#)

[26 July at 09:46](#) ·

Happy Equine Touch



[Victorine van Rossem](#)

[26 July at 09:46](#)

Very early morning session in Spain: my mare Anais receiving the gift that Equine Touch is, thank you, Jock.



[Andrew-Glyn Smail](#)

[26 July at 16:55](#) ·



[Mirjam van den Borne](#)

[26 July at 09:46](#)

Yesterday I celebrated Equine Touch Day, the birthday of its founder, Jock Ruddock, by giving Equine Touch to Timmer. Last week his mother Leila died, a very special horse who once belonged to a friend of mine, who, when she knew that she was dying of cancer, gave all her Leila and Timmer to a mother and daughter who had a very special relationship with the horses.

Timmer has always accepted ET gracefully, but never before showed impressive reactions.

Yesterday he processed after literally every move and but his head against my belly from time to time while processing.

When I did the second line of the bladder meridian, he yawned one continuous long yawn. We all were comforted at the end of the session and when I drove home I asked Leila to give our special thanks to Jock.

[Daisy Chain](#) You've reminded me of one of my case studies who had accidentally killed a field mate by kicking out at a fly and getting him between the eyes. She had a couple of incredible sessions which included her lying down to process for 30 minutes at a time. I was so grateful to Jock and Ivana for putting ET together and for how his moves had enabled this lovely mare to process her grief. They were profound sessions and taught me a lot.

[Judith Halstead](#)

[26 July at 16:55](#)

A day late, but Happy Birthday Jock. Here is Effie today having her 4th ET session.. She is 4 years old and up to having Equine Touch her owner had never seen her have a proper roll in the field or the paddock. Now it is the first thing she does when she is turned out. Thanks Jock and Ivana for this wonderful gift to horses.



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[+2](#)

[naturalanswer.co.uk](http://naturalanswer.co.uk)

[International Equine Touch Awareness Day - naturalanswer.co.uk](http://naturalanswer.co.uk)

Thank you Jane for allowing us to share your blog re International Equine Touch Awareness Day for other ET Addicts to enjoy. Another lovely tribute to our Founder Jock and to [Ivana Ruddock-Lange](#).

[Zehava Hefetz Levy](#) is feeling proud.

When I have started my ET journey, reading Jock & Ivana Ruddock-Lange's article 'Understanding Pain In Horses' was like finding a 'missing link' and I have tried to share this knowledge with whoever was interested...

Last Friday I have "launched" what I hope will be my first among many full 2.5 hours lecture titled: about the direct connection between pain and "behavioral problems" among horses' Although it was the 27 and not July 25, I felt I'm celebrating 'ET day' and Jock's birthday by "touching" the horses through their very attentive owners

The short video that follows - edited from the videos that were filmed during the lecture - is mostly in Hebrew but I felt I need to share it with the people who would understand what am I talking about...



[2 hrs](#) - Click time to view video

*Apologies for the quality of layout in places but hopefully this gives you an idea of how our students have embraced International Equine Touch celebrations 2018. I am sure there are many more pictures and stories out there to be shared . . . .*



*Click the wink if you have a story to send!*